

# MODUL PINTAS TINGKATAN LIMA

**Reading and Use of English : 1 HOUR 30 MINUTES**

**1119/1**

**BAHASA INGGERIS**

**Kertas 1**

## **ARAHAN :**

1. Jangan Buka Kertas Peperiksaan Ini Sehingga Diberitahu.
2. Tulis nama dan tingkatan pada kertas jawapan anda.
3. Kertas peperiksaan ini mengandungi lima bahagian yang terdiri daripada 40 soalan.
4. Jawab semua soalan. Baca arahan bagi setiap bahagian dan soalan dengan teliti.
5. Tulis jawapan anda pada kertas jawapan yang disediakan.
6. Serahkan kertas jawapan anda kepada pengawas peperiksaan selepas tamat ujian.

**NAMA :** .....

**TINGKATAN :** .....

Kertas peperiksaan ini mengandungi 16 halaman bercetak.

## Part 1

[8 marks]

[Time suggested : Fifteen minutes]

## Questions 1 to 8

Read the text carefully in each question. Choose the best answer A, B or C. For each question, mark the correct answer A, B or C on your answer sheet.

**The Benefits of Mint for Skin and Hair + DIY Remedies**

Be it our smoothies or our skin and hair care regimen, we would love to add ingredients that give a cooling sensation and help in rejuvenating the skin. Mint is the ingredient that soothes our skin and hair. Mint leaves contain antiseptic and antipruritic ingredients and have endless properties, which acts as a natural face cleanser. Mint not only adds magic to your beverages but has wonderful beauty benefits as well, which help you in taking care of your skin and hair. It also works as an anti-inflammatory agent and helps in toning. These are the reasons why everyone needs to have the Natural Organic Mint Leaves Powder which takes care of your skin and hair.

For more information, visit our website at [www.mintyleaves.com](http://www.mintyleaves.com)

- 1 The main purpose of the advertisement is to
- A promote the supplements for skin and hair.
  - B let people know the contents of mint leaves.
  - C inform people that mint leaves act as a natural face cleanser.

**Police hoping for high-tech drones to curb smuggling activities**

KOTA BARU: Smugglers along the borders are using sophisticated drones to avoid being caught, prompting police to take stock of what they have now and calling on the government to equip them with similar or better technology to fight back.

State police chief Datuk Shafien Mamat said the force would need better drones to stop smuggling activities along the Kelantan-Thailand border, especially at isolated and difficult-to-reach areas.

"Smugglers along the border lately have been using drones that can fly higher than the level the normal drones can reach. We only have one drone which is a simple model. It can only fly up to 500 metres high. The drone is currently being used by our criminal investigation division in their operations" he said.

- 2 The above extract gives an idea that the smugglers...
- A are using drones to help smuggle their goods.
  - B manage to divert the police's attention by isolating themselves.
  - C are equipped with sophisticated drones to evade being tracked down.



Ili Zul, have you read the notice about the annual story writing competition?

Yes Niran, let's participate this year. We missed it last year! I wish to win one of the top three prizes and make my parents proud. Do join okay?

Yes, of course. This is our last chance before completing high school! Let's make it a wonderful memory for us. I want to make my English teacher proud too!

Let's go through the rules and regulations. I think our teacher has to register online for us because this is organised by the Ministry of Education. The top three winners will be awarded full scholarships to study abroad.

That's great! I mean the scholarship is very enticing. I have always dreamt of furthering my studies abroad. I hope this is for real and not merely building castles in the air! To achieve it, I will go all out! You too, okay?

3 Which of the following statements is true?

- A They have wonderful memories of participating in writing competitions.
- B Zul and Niran wish to study abroad after completing high school.
- C Both of them missed the competition last year on purpose.

## MICROBIOLOGIST

### Job Description

- To be able to develop and validate the local test methods and techniques.
- To ensure testing methods and procedures are up to date and complying with the company's requirement.
- To generate, analyse and interpret microbiological data and reports.
- To study the shelf life of finished products in labs all over Malaysia.

### Requirements

- Bachelor's Degree/ Post Graduate Diploma/ Professional Degree in Microbiological field with at least 2 years of working experience in related fields.
- Need to have a vehicle and be able to commute inter-state.

4 Based on the advertisement, applicants...

- A must possess a valid driving license.
- B must have at least a couple of months' internship experience.
- C need to ensure the tests conducted are adopted from other countries.

**Special Room Rates from RM150 nett  
on weekdays from  
20<sup>th</sup> July until 20<sup>th</sup> September**

MICO Hotel, Kuala Terengganu offers special promotion rates in conjunction with the decision to lift the MCO (movement control order) by the federal government following decrease in the number of COVID-19 cases. This five star hotel provides a sauna and swimming pool in every room. The rate is inclusive of two meals per day and a package of island hopping experience for four persons. A special 20% discount is up for either a booking of at least 3 days or a group booking of more than 10 pax.

From the notice above, Mico Hotel...

- A offers a 20% discount for bookings of 2 days in advance.
- B provides a sauna and swimming pool in executive rooms.
- C gives this promotion to enhance the economy of Terengganu.

**Three steps to take when feeling stressed**

1. **Identify when it happens**
  - Does it happen when you have overworked yourself or when you have insufficient rest?
2. **Identify the causes**
  - Know the possible reasons for your stress and try to stop worrying about them by talking with your friends or family members.
3. **Review your lifestyle**
  - Could you be taking on too much?
  - Are there things you are doing which could be handed over to someone else?
  - Can you do things in a more leisurely way?
  - Prioritise things you are trying to achieve and re-organise your life.

These steps will help to release pressure that can come from trying to do everything at once.

- 6 You can release stress by...
- A keeping your problems to yourself.
  - B doing tasks one at a time.
  - C doing things seriously.



### Getting Fit!

A Personal Trainer will :

1. **Create a Custom Plan Just for You** - plan a diet and exercise schedule according to your abilities so that you do not force yourself.
2. **Help You Reach Your Fitness Goals** - personalise your workout to focus on reaching your goals by the end of the planned duration.
3. **Motivate You to Keep Going** - provide techniques to uplift your spirit when you start to slack off.
4. **Correct Your Form** - ensure postures are right to avoid sprains and injuries.
5. **Advise You to Form New Lifestyle Habits** - build healthier habits in terms of diet intake and performing the workouts regularly.

7 A personal trainer's job is to...

- A create a general plan for everyone.
- B treat sprains and injuries during workouts.
- C help you achieve the fitness level that you want.

### FURRY FRIENDS!

Tips to ensure cats are happy:

- Do a vet check annually to detect diseases and unknown injuries which might not be obvious because individual cats show pain or distress differently.
- Seek advice for treatment or vaccination promptly upon noticing unusual symptoms.
- Spay female cats to avoid unwanted pregnancies.
- Neuter male cats to reduce aggression and competition against other male cats.
- Keep your cat's coat in good condition by having regular grooming that will also help identify changes in its health.
- Speak to your vet if you intend to microchip your cat to locate it when it gets lost or in danger.

**A HEALTHY CAT MAKES A HAPPY CAT!**

8 Which of the following is true about the notice?

- A Cats without any sign of pain are usually healthy.
- B Neutered cats show aggression and competition against other cats.
- C Grooming your cat regularly will help identify any unhealthy signs.

## Part 2

[10 marks]

[Time suggested : Ten minutes]

## Questions 9 to 18

Read the text carefully. Choose the best answer A, B, C or D. For each question, mark the correct answer A, B, C or D on your answer sheet.

Ants are social insects that are unable to live on their own and need to live in an \_\_\_\_\_ 9 \_\_\_\_\_ colony. They are mostly found in places with hot climate. There are over 12,000 known \_\_\_\_\_ 10 \_\_\_\_\_ of ants in the world. An ant has an average life span of 45 to 60 days. Ants do not have ears \_\_\_\_\_ 11 \_\_\_\_\_ they hear by feeling the vibrations in the ground through their feet. An ant uses its antenna for touch as well as smell.

Ants are \_\_\_\_\_ 12 \_\_\_\_\_ omnivorous. They eat other insects, seeds, oils and bread. Adult ants are unable to swallow solid food thus they \_\_\_\_\_ 13 \_\_\_\_\_ on the juice they squeeze out from pieces of food. An ant has two stomachs where in one stomach, it stores food for itself while in the other, it stores food which is to be shared with others. Another amazing feature is ants are creatures that depend on \_\_\_\_\_ 14 \_\_\_\_\_ other.

There are three different kinds of ants in a colony: the queen, the female workers and the males. The queen is the only ant that can lay eggs. Once she has \_\_\_\_\_ 15 \_\_\_\_\_ her first brood, she becomes an egg-laying machine for the rest of her life. A male ant's job is to mate with the queen. After mating, it dies, \_\_\_\_\_ 16 \_\_\_\_\_ two weeks. The female ants \_\_\_\_\_ 17 \_\_\_\_\_ and repair the nest, care for the brood, defend the nest and feed both immature and adult ants, including the queen. There may be workers and soldiers of different sizes that specialise in certain tasks. Like all pests, ants need food, water and shelter to \_\_\_\_\_ 18 \_\_\_\_\_. By limiting these three essentials, you make it more difficult for ants to live in the infested area.

- |    |            |             |                |              |
|----|------------|-------------|----------------|--------------|
| 9  | A organise | B organised | C organisation | D organising |
| 10 | A groups   | B teams     | C species      | D levels     |
| 11 | A or       | B then      | C but          | D and        |
| 12 | A greatly  | B rarely    | C mostly       | D frequently |
| 13 | A depend   | B depends   | C depended     | D depending  |
| 14 | A one      | B each      | C get          | D together   |
| 15 | A product  | B products  | C produced     | D producing  |
| 16 | A with     | B on        | C by           | D within     |
| 17 | A set      | B build     | C change       | D design     |
| 18 | A run      | B control   | C survive      | D manage     |



## Part 3

[8 marks]

[Time suggested : Twenty-five minutes]

## Questions 19 to 26

Read the text carefully and answer the questions. Choose the answer A, B, C or D. For each question, mark the correct answer A, B, C or D on your answer sheet.

Chocolate — there's nothing quite like it, is there? Chocolate is simply delicious. What is chocolate? Where does it come from?

Christopher Columbus was probably the first to take cacao beans from the New World to Europe in around 1502. However, the history of chocolate goes back at least 4,000 years! The Aztecs, who lived in America, thought that their bitter cacao drink was a *divine* gift from heaven. In fact, the scientist Carolus Linnaeus named the plant *Theobroma*, which means "food of the gods."

The Spanish explorer Hernando Cortez went to America in 1519. He visited the Mexican emperor Montezuma. He saw that Montezuma drank cacao mixed with vanilla and spices. Cortez took some cacao home as a gift to the Spanish King Charles. In Spain, people began to drink Cortez's chocolate in a drink with chili peppers. However, the natural taste of cacao was too bitter for most people. To sweeten the drink, Europeans added sugar to the cacao drink. As a sweet drink, it became more popular. By the 17<sup>th</sup> century, rich people in Europe were drinking it.

Later, people started using chocolate in pastries, like pies and cakes. In 1828, Dutch chocolate makers started using a new process for removing the fat from cacao beans, and getting to the centre of the cacao bean. The Dutch chocolate maker Coenraad J. van Houten made a machine that pressed the fat from the bean. The resulting powder mixed better with water than cacao did. Now, some call van Houten's chocolate "Dutch chocolate."

It was easy to mix Dutch chocolate powder with sugar. Therefore, other chocolate makers started trying new *recipes* that used powdered chocolate. People started mixing sweetened chocolate with cocoa butter to make solid chocolate bars. In 1849, an English chocolate maker made the first chocolate bar. In the 19<sup>th</sup> century, the Swiss started making milk chocolate by mixing powdered milk with sweetened chocolate. Milk chocolate has not changed much since this process was invented.

Today, two countries - Brazil and Ivory Coast - account for almost half the world's chocolate. The United States imports most of the chocolate in the world, but the Swiss eat the most chocolate per person. The most chocolate eaten today is sweet milk chocolate, but people also eat white chocolate and dark chocolate.



Cocoa and dark chocolate are believed to help prevent heart attacks, or help keep them from happening. They are supposed to be good for the circulatory system. On the other hand, the high fat content of chocolate can cause weight gain, which is not good for people's health. Other undesirable health claims for consuming chocolate have not been proven, but some research shows that chocolate could be good for the brain.

Chocolate is a popular holiday gift. A popular Valentine's Day gift is a box of chocolate candies with a card and flowers. Chocolate is sometimes given for Christmas and birthdays. Chocolate eggs are sometimes given at Easter.

Chocolate is toxic to some animals. An ingredient in chocolate is poisonous to dogs, cats, parrots, small rodents, and some livestock. Their bodies cannot process some of the chemicals found in chocolate. Therefore, they should never be fed chocolate.

- 19 From paragraph 2, how did people first consume chocolate?
- A As a bitter drink.
  - B As a sweet drink.
  - C As a chocolate bar.
  - D In cakes and pastries.
- 20 From paragraph 2, a *divine* gift is a...
- A chocolate gift.
  - B gift from God.
  - C delicious gift.
  - D bitter gift.
- 21 From paragraph 3, people added other ingredients to make the chocolate drink less bitter. Which ingredient was not used?
- A Sugar.
  - B Chili powder.
  - C Chili peppers.
  - D Vanilla and spices.

## Part 4

[6 marks]

[Time suggested : Twenty minutes]

## Questions 27 to 32

You are going to read a story below.

Six sentences have been removed from the story. Choose from the sentences (A to H) to fit each gap (27 to 32). There are two extra sentences which you do not need to use.

For each question, mark the correct answer (A to H) on your answer sheet.

## NEVER GIVE UP

If you could come to my office in Subang Jaya, you would notice across one side of the room beautiful old-fashioned Victorian tiles and six antique Chinese wooden stools. Unusual? Yes, but if those stools could speak, they would tell you a story about the day I almost lost hope and gave up.

It was a recession period during the pandemic and jobs were scarce. I felt that I had no special talent, no training, no college education. I didn't think much of myself. 27 ☐. She encouraged me to take journalism and named me advertising manager and feature editor of the school paper. Suddenly an idea came, what if I write a shoppers' column for a small weekly newspaper in our town, maybe I could earn enough to pay my rent.

Unfortunately, at the newspaper office, there were no jobs available. So, I caught another idea. 28 ☐. I did that for my school paper, why can't I do the same for my own column. The idea worked.

Then, one dark rainy afternoon, every local shop I had worked with stopped putting their advertisements in my column. "Why?" I asked. They said they had noticed that Ashwin Ong, the owner of the Robyn Pharmacy did not advertise with me. His store was the most popular in town.

29 ☐. "There must be something wrong with your advertising," they explained.

My heart sank. Then I thought, I will go to the pharmacy. I knew that if he advertised with me, the other merchants in town would follow his lead.

As I walked into the pharmacy, he was there at the prescription counter. 30 ☐. Without even looking at my column, he shook his head and said "NO".

I was devastated. I walked towards the antique Chinese stool to sit. 31 ☐. Then, a soft voice beside me said, "What's the matter, dear?" I poured out my story. Then she took a look at my "Shoppers' Column". It turned out, that lady was Mrs. Robyn Ong. She told Mr. Ong to buy the advertising space from me. 32 ☐. My column prospered. Many local companies advertised through my column.

Later when Mr. Ong modernized the old pharmacy and put the stools for sale, I quickly bought them. This is to remind me that if you can't communicate with a key person, then try another path around and never give up.



- A They respected his judgement.
- B Someone in the past reminded me that I was a nobody.
- C My eyes filled with tears.
- D Then I remembered my English teacher who inspired me.
- E She was a gentle and beautiful woman.
- F What if I write my own online shoppers' column and get my own advertisers.
- G I smiled my best smile and tried to show him my special "Shoppers' Column".
- H That conversation on the stool was the turning point.

## Part 5

[8 marks]

[Time suggested : Twenty minutes]

## Questions 33 to 40

Read the following website and answer the questions that follow.

**LOVE READING****Silent Night**

Author : Paul Walker

Publisher : Dolphin House

A sleep expert, Paul Walker presents a new study of sleep, examining how it affects every aspect of our physical and mental well-being. Walker explains how we can exploit sleep to improve learning, mood and energy levels, manage hormones, prevent cancer, and reduce the effects of aging.

**Training for Young People**

Author : Kate Holmes

Publisher : Birds Publications

This workout plan is designed for teenagers who want to develop the strength and energy for the sports they play in order to improve their game. Teenagers who participate in sports requiring a lot of strength and energy will benefit from following this plan which takes only 30 minutes every other day for 6 weeks.

**Mental Health Workout**

Author : Tom Aston

Publisher : Blue Kite (UK)

*Mental Health Workout* focuses on giving your mind some attention. Think of it as the mental health equivalent of a five-week gym membership, focussing on your thoughts and feelings and how you respond to them. The book is very easy to navigate, with weekly checklists and planners at the beginning to keep us on track.

**The Ugly Truth**

Author : Jack Byron

Publisher : Harrison Brown

Do teens know what they are eating when they go to a fast-food restaurant? In this book, Byron shares with teens the fascinating and sometimes frightening truth about sesame seed buns, what a chicken 'nugget' really is, and how the fast-food industries have been making millions from us for generations.

**Yoga Girl**

Author : Rachel Ross

Publisher : Muse Books

In *Yoga Girl*, Ross takes readers beyond her Instagram feed and shares her journey like never before. The author teaches teens how to attain peace through using different yoga poses, breathing methods and meditations in this book. It explains how to use yoga for anger, fear, gratitude, love and confidence.



## Questions 33 to 36

Using the information in the book reviews, answer each of the questions below. Write the title of the book.

No	Which book is about...	Title of Book
33	revealing the horrible truths about the fast-food industry?	
34	providing weekly planners so readers will always be on track?	
35	teaching people to utilise sleep to improve learning and mood?	
36	guiding teens on a 30-minute workout every other day for 6 weeks?	

## Questions 37 to 40

Your friend has asked you to recommend a few books for her to read. Using words from the book reviews, complete the email below. Choose no more than two words from the text for each answer.

To:	Nina
From:	Amanda

Hi Nina!

In your previous email you asked me to recommend a few health books. I have been looking through a website called 37 \_\_\_\_\_ for health books to read. Since you have been feeling stressed lately, I would like to suggest *Yoga Girl* as your next read. The author, Ross explains that it is possible to 38 \_\_\_\_\_ using numerous yoga practices. After reading this comforting piece of writing, you can enjoy your own yoga session at home! Since you are in the school netball team, you might also opt for a book that focusses on 39 \_\_\_\_\_. *Training for Young People* written by Kate Holmes will give you a 40 \_\_\_\_\_ specially created for youngsters. I am sure these books will be useful for you.

Have a good read!

Amanda

KERTAS PEPERIKSAAN TAMAT

NAMA :

TINGKATAN :

NO. ANGKA GILIRAN :

No.	Blacken your answer		
1	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
2	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
3	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
4	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
5	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
6	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
7	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>
8	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>

No.	Blacken your answer			
9	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
10	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
11	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
12	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
13	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
14	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
15	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
16	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
17	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
18	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>

No.	Blacken your answer			
19	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
20	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
21	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
22	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
23	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
24	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
25	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
26	A <input type="radio"/>	B <input type="radio"/>	C <input type="radio"/>	D <input type="radio"/>
No.	Write your answer			
27				
28				
29				
30				
31				
32				